



Rundenaufteilung

Loopsplit 160 km LDR CEN CEI3*			
Nr.	Loop	Distance	Resting
1		40 km	40 min
2		25 km	40 min
3		30 km	40 min
4		25 km	50 min + RRI
5		20 km	50 min + RRI
6		20 km	Finish
160 km			

Loopsplit 140 km LDR CEN CEI3*			
Nr.	Loop	Distance	Resting
1		40 km	40 min
2		25 km	40 min
3		30 km	40 min
4		25 km	50 min + RRI
5		20 km	Finish
140 km			

Loopsplit 125 km LDR CEN CEI2* CEIY2*			
Nr.	Loop	Distance	Resting
1		30 km	40 min
2		20 km	40 min
3		30 km	40 min
4		25 km	40 min
5		20 km	Finish
125 km			

Loopsplit 100 km LDR CEN CEI1* CEIY1*			
Nr.	Loop	Distance	Resting
1		30 km	40 min
2		25 km	40 min
3		20 km	40 min
4		25 km	Finish
100 km			

Loopsplit 87 km LDR CEN			
Nr.	Loop	Distance	Resting
1		30 km	40 min
2		25 km	40 min
3		20 km	40 min
4		12 km	Finish
87 km			

Loopsplit 65 km MDR CEN			
Nr.	Loop	Distance	Resting
1		25 km	40 min
2		20 km	40 min
3		20 km	Finish
65 km			

RRI - Recovery Reinspection